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Message from the CEO

Dear Friends,

Thank you for making 2016 yet another remarkable year for Hamdard Healthcare! This year marked twenty-four years of service for the organization. Our dedicated staff, volunteers, and community supporters have done an incredible job at expanding our outreach while strengthening our programs and services.

Hamdard entered this year with the same mission as when we started this journey – to promote physical and emotional health and psychological well-being of individuals and families by promoting hope, help, and healing.

**Hope** – This past year, Hamdard joined forces with the National Football League and collaborated with their Social Responsibility Department to develop Domestic Violence awareness trainings for the players. Hamdard’s staff also proposed and developed trainings for NFL players’ significant others on how and where to reach out in case of a Domestic Violence incident.

**Help** – This year, Hamdard partnered with Asian Health Coalition to implement hepatitis education and outreach targeting foreign-born Asians and Africans in our service area through the “Don’t Let Hepatitis B Win” campaign. This is the state’s first diverse public/private collaboration unifying the Asian and African Immigrant and refugee communities, health care systems, policymakers, and general public to increase Hepatitis B education and awareness, and screening and linkage-to-care opportunities.

**Healing** – In September of 2015, Hamdard introduced a new Primary Care Family Physician to both our Chicago and Addison clinics, respectively. Since their arrival, Hamdard has been able to triple the patients we can accommodate through our primary health clinics. We also worked on piloting our integrated care initiative, allowing patients in need of both behavioral and primary health to seamlessly use both services though Hamdard.

We appreciate your continued support for Hamdard as we continue our journey in helping the community.

Thank you!

Mohammad Hamid, Ph.D.
Mission

Our mission at Hamdard Healthcare is “to promote physical and emotional health and psychological well-being of the individuals and families by offering Hope, Help, and Healing.”

Programs

PRIMARY HEALTH CARE CLINIC & BEHAVIORAL HEALTH SERVICES

Hamdard strives to improve the health status of medically underserved populations by fostering the provision of high-quality, comprehensive health care that is accessible, coordinated, community-directed, culturally-sensitive, and linguistically competent. One of the highly prioritized goals of our programs and services is the preservation, stabilization, and rehabilitation of our dysfunctional families. Hamdard program and services are designed to strengthen and support families and to give people in distress a sense of hope. Hamdard uses a holistic, integrated service delivery model.

ADULT DAY SERVICES

The Adult Day Services program empowers seniors in the community by providing them with hope, help, and healing. The program provides structured programs and activities for 4-5 hours daily to individuals who are sixty years of age or older. All of the clients attending the Adult Day Service Program are served a hot nutritious, culturally compatible meal daily. Each client has an individualized service plan based on their unique services. The primary focus of Adult Day Services is to help clients maintain their emotional, cognitive, and physical functioning and to support independent living. Hamdard had 77 individuals in its program in 2016.

VICTIMS ASSISTANCE, INTERVENTION, AND PREVENTION

Hamdard provides culturally tailored multilingual services to domestic violence victims and abusers. Hamdard Center owns and operates its own licensed shelter facility and a 24-hour toll free crisis line. The shelter is fully functional and can accommodate up to 18 individuals at any given time. All shelter staff members are trained and certified in domestic violence. We look to serve the victims in the most professional and effective manner possible, as well as prevent and reduce violence and abuse in homes that can destroy families. In 2016, we helped 136 individuals through our shelter and partner abuse intervention programs.
Community Impact

In 2016, Hamdard saw patient growth in Primary Care (1,250 patients in FY16 compared to 319 in FY15), Behavior Health (850 patients in FY 16 compared to 757 in FY15), and Case Management (1,269 clients in FY 16 compared to 828 clients in FY15).

The chart (above) shows Client numbers from our programs during the past three fiscal years

In 2016, Hamdard began working on an Integrated Care pilot program at both its Chicago and Addison clinics. This pilot looks to increase the number of patients who utilize both our behavioral and primary care programs, as well as use Hamdard for any case management they may need.

The illustration (above) shows the process for a patient to move through our Integrated Care pilot
Domestic Violence Outreach & Prevention

As an increasing number of immigrants and refugees are making their homes in this country and facing difficulties integrating into mainstream communities, the need for culturally tailored intervention becomes a necessity. Many families experience high stressors and emotional instability due to the changes in life styles that make it critical to address issues of domestic violence to maintain health family. The victims representing immigrant minorities have severe cultural barriers in accessing mainstream services.

In Fiscal Year 2016, Hamdard’s Domestic Violence Hotline (866-305-3933) received 2,345 calls from people in need of support. Through this line, Hamdard provides assessment, and brief intermediate crisis intervention, assurance, support, information, and referral. The line is open 24 hours a day, seven days a week with people that are trained and certified professionals and can speak a variety of languages.

The graph (right) is an example of barriers our Domestic Violence victims face before arriving at our shelter. Together, our Domestic Violence, Mental Health, Case Management, and Primary Care staff work to bring stability to the lives of the women and children who use our shelter services. Hamdard works to partner with the local library, colleges, schools, workforce, and others to give each client the help they need.
Resources & Financial Management

Hamdard Healthcare has seen changes in its financial makeup over the past three fiscal years. Due to the expeditious growth in the Primary Care services offered by Hamdard in Fiscal Year 2016, third party billing/program fees nearly doubled from the previous fiscal year. Some growth was seen due to program fee increases in limited programs (see below).

Overall, the financial health of Hamdard Healthcare is good. In the past year, grants from the State of Illinois are down because of the state’s budget impasse which is harming worthy institutions and social service agencies. We look to increase individual, corporate, and foundation support of the coming years to decease our fiscal reliance on state funding for certain Hamdard programs.

Charts & Graphs

The graphs (above) shows the income by type and year for Hamdard Healthcare.
Thank You to All of Our Donors

Hamdard could not offer the community the same services without the financial support from our donors. Below is a list of all the individuals, foundations, corporations, and government agencies who supported us in Fiscal Year 2016.

$15,000 and Above
Human Resources & Services Administration
Illinois Department of Human Services
Department of Children & Family Services
Edward F. and Dorthy Morris Fund
Community Memorial Foundation
Asian Health Coalition
Illinois Attorney General
Mammel Foundation
Lloyd F. Fry Foundation
Field Foundation
Chicago Community Trust
Albert Pick, Jr. Fund

$14,999 - $5,000
Northern Trust Charitable Trust
Efroymson Aguilera Charitable Fund
Puneet & Nandini Mansharamani
Ravenswood Healthcare Foundation
United Way of Metropolitan Chicago
Mohammad Hamid

$4,999 - $1,000
Chinese Mutual Aid Foundation
Illinois Primary Health Care Association
Exchange Club of Naperville
Shawn M. Donnelley Fund
John Sabl & Alice Young
Malithai Shah
Hina Jaffery
Tanvir Jaffery
SalesForce
Najmi Zafar
Robert Cook

$999 - $200
Zahir & Bernadette Kazmi
Anisha & Tariq Caliwal
Mehereen & Ahmir Khan
Shapiro Grynszteini Family Fund
Give with Liberty
Andrea Wagner
Karim Ahmed
Alia Sarfraz
Syed Lateef

Board of Directors

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Member
Ashima Washington
Member

Jela Simic
Member
Mohammad Siddiqui
Member
Ismet Mujkanovic
Member
Bahra Puskar
Member
We Need Your Help

As Hamdard Healthcare embarks into the next fiscal year with the goals of bringing hope, help, and healing to even more individuals and families in need, we ask for your support.

Every Penny Matters

Help support Hamdard with your donation this year. Support can be given for both general support and to help support a specific program on the Hamdard Healthcare website. Every donations gets us one step closer to providing continuous, quality healthcare to those in need in the Chicagoland area, and beyond.

Want to send a check to show your support?

Hamdard Healthcare
228 E. Lake Street, Addison, Illinois

Volunteer and Help Make a Difference

Looking to help support Hamdard in ways beyond financial giving? Hamdard Healthcare has many opportunities for you to get involved this year. You can join a volunteer committee, lend your skills to help redesign our website or provide entertainment to our Adult Day Services program. Contact main@hamdardcenter.org to learn about new and exciting opportunities.

- Volunteer with the Domestic Violence Shelter
- Volunteer at our Addison or Chicago Office
- Volunteer in a different way: ________________________________

Please visit our website http://www.hamdardcenter.org/ to learn more, or call us at 630.865.1430 x223. Send this form by mail to our office at 228 East Lake Street, Addison, Illinois 60101

Name: ___________________________ Phone: ___________________________
Email: ________________________________
Address: ___________________________________________________________